ACBH (Adult Forensic Behavioral Health) is pleased to offer a FREE training on:

Crisis Intervention and De-Escalation in a Correctional Setting

Wednesday, January 20th, 2021 (Schedule:) 8:00 am to 3:30 pm

(Sign in begins at 7:30am; Training starts promptly at 8:00am) **Location**: Office of Emergency Services- 4985 Broder Blvd., Dublin, CA

Audience: AFBH professional and para-professional clinical staff who provide crisis intervention services at Santa Rita Jail. The class is open to other ACBH Staff or contractors who provide mental health crisis services at Santa Rita Jail while working with AFBH.

Description: This course highlights various models for de-escalation during crisis situations. Additionally, substantial time is spent discussing strategies for successful de-escalation with focus on utilizing these skills with incarcerated individuals. Coursework also includes discussion of functional analysis of behavior and applying it to problem behaviors in correctional settings. In addition, the importance of clinicians understanding their emotional reactions during crises and responding appropriately to these reactions as well as clinician self-care are addressed.

Trainer: Dr. Timothy Belavich holds a degree in clinical psychology and has spent the past twenty years working in correctional settings. His roles in corrections have ranged from providing direct patient care as a staff clinician to serving as the Statewide Director of Mental Health Programs for the California Department of Corrections and Rehabilitation from 2012 thru 2015. In 2016, Dr. Belavich accepted the position as the Director of Mental Health for the Los Angeles Jail, the largest jail system in the country. In that capacity Dr. Belavich oversees the administration of mental health programming for 5,000 individuals enrolled in mental health and housed at the county facility. Dr. Belavich also serves as a consultant and instructor for the National Institute of Corrections and the Crime and Justice Institute.

Learning Objectives – at the end of the training, participants will be able to:

- Identify the 5 steps in the de-escalation process.
- Name and describe the 3 steps of functional analysis and describe how they apply to problem behaviors.
- Define emotional triggers and explain their importance to a clinician during a crisis
- Name 3 different roles a clinician may play during a crisis.

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email tina.rodriguez@acgov.org, and cc the Training Unit.

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).



Please RSVP to:

Tina Rodriguez at Tina.Rodriguez@acgov.org

For registration help contact:

Training.Unit@acgov.org

Ph: 510-567-8113

When emailing, include training <u>Date</u> and <u>Title</u> in Subject Line.

For other information about this training contact:

Tina Rodriguez at tina.rodriguez@acgov.org

Continuing Education (CEs):

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for **5** hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction **Programs & Professionals Education** Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this course and its content.

Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given.

CE Certificates will be emailed to qualifying participants within 30 days



